# Ashwell Primary School PSHCE Curriculum Caring Friendships Knowledge Organiser



#### Year 1 - Caring Friendships

## Core Knowledge / skills to be acquired:

- How important friendships are in making us feel happy and secure, and how people choose and make friends.
- to recognise how their behaviour affects other people- positive and negative
- to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
- to recognise what is fair and unfair, kind and unkind, what is right and wrong
- What sort of boundaries are appropriate in friendships

# **Key Vocabulary:**

- Friendship
- Behaviour
- Listen
- Respect
- Cooperate
- Argument
- Negotiation
- Fair / Unfair
- Kind / Unkind
- Boundaries
- Consent

## **Curriculum Enrichment / Cultural Capital Opportunities**

- Feeling Good Week
- Anti-bullying Week

## Prior knowledge / skills this builds on (ELG):

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to other's needs.

#### What comes next (Y2):

- About different types of bullying, the impact of bullying, responsibilities of bystanders and how to get help.
- That there are different types of teasing and bullying, that these are wrong and unacceptable
- To communicate their feelings to others, to recognise how others show feelings and how to respond
- That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- To recognise when people are being unkind to them or others, how to respond, who to tell and what to say
- How to resist teasing or bullying, if they experience or witness it, whom to go to and how to get their help

# Year 2 - Caring Friendships

## Core Knowledge / skills to be acquired:

- About different types of bullying, the impact of bullying, responsibilities of bystanders and how to get help.
- That there are different types of teasing and bullying, that these are wrong and unacceptable
- To communicate their feelings to others, to recognise how others show feelings and how to respond
- That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- To recognise when people are being unkind to them or others, how to respond, who to tell and what to say
- How to resist teasing or bullying, if they experience or witness it, whom to go to and how to get their help

# **Key Vocabulary:**

- Friendship
- Bullying
- Responsibility
- Bystander
- Teasing
- Uncomfortable
- Conflict

# **Curriculum Enrichment / Cultural Capital Opportunities**

- Feeling Good Week
- Anti-bullying Week

# Prior knowledge / skills this builds on:

- How important friendships are in making us feel happy and secure, and how people choose and make friends.
- to recognise how their behaviour affects other people- positive and negative
- to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
- to recognise what is fair and unfair, kind and unkind, what is right and wrong
- What sort of boundaries are appropriate in friendships

#### What comes next:

- The characteristics of friendships, including respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.
- That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- That most friendships have ups and downs and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)
- The importance of permission seeking and giving in relationships with friends, peers and adults.

# **Year 3 – Caring Friendships**

## Core Knowledge / skills to be acquired:

- The characteristics of friendships, including respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.
- That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- That most friendships have ups and downs and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)
- The importance of permission seeking and giving in relationships with friends, peers and adults.

# **Key Vocabulary:**

- Friendship
- Respect
- Truthfulness
- Trust
- Loyalty
- Shared interests and experiences
- Difficulties
- Conflict
- Loneliness
- Exclusion
- Boundaries
- Consent

# **Curriculum Enrichment / Cultural Capital Opportunities**

- Feeling Good Week
- Anti-bullying Week

# Core Knowledge / skills this builds on (Y2):

- About different types of bullying, the impact of bullying, responsibilities of bystanders and how to get help.
- That there are different types of teasing and bullying, that these are wrong and unacceptable
- To communicate their feelings to others, to recognise how others show feelings and how to respond
- That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- To recognise when people are being unkind to them or others, how to respond, who to tell and what to say
- How to resist teasing or bullying, if they experience or witness it, whom to go to and how to get their help

## What comes next (Y6):

 How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, how to manage these situations and how to seek help or advice from others, if needed.

# Year 6 - Caring Friendships

#### Core Knowledge / skills to be acquired:

 How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, how to manage these situations and how to seek help or advice from others, if needed.

# **Key Vocabulary:**

- Friendship
- Trust
- Positive
- Negative
- Toxic
- Consent

# **Curriculum Enrichment / Cultural Capital Opportunities**

- Feeling Good Week
- Anti-bullying Week

## Prior knowledge / skills this builds on (Y3):

- The characteristics of friendships, including respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.
- That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.
- That most friendships have ups and downs and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.
- What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)
- The importance of permission seeking and giving in relationships with friends, peers and adults.

## What comes next (KS3):

- to further develop and rehearse the skills of team working
- to further develop the skills of active listening, clear communication, negotiation and compromise
- strategies to identify and reduce risk from people online that they do not already know; when and how to access help
- to develop conflict management skills and strategies to reconcile after disagreements
- to recognise bullying, and its impact, in all its forms; the skills and strategies to manage being targeted or witnessing others being bullied
- the impact of stereotyping, prejudice and discrimination on individuals and relationships